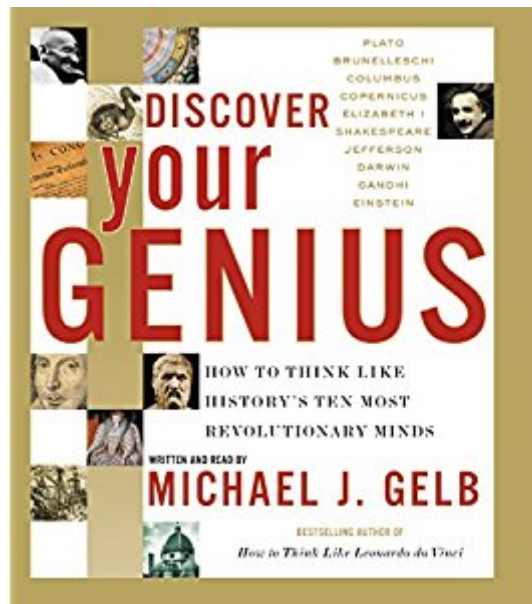


The book was found

Discover Your Genius: How To Think Like History's 10 Most Revolutionary Minds



Synopsis

Unleash your creative potential. Michael J. Gelb, bestselling author of *How to Think Like Leonardo da Vinci*, draws upon history's most revolutionary minds to help you unleash your own creativity. With fascinating biographies of all ten geniuses, personal self-assessments, and practical exercises, this book is the key to unlocking the genius inside you!

Plato -- Deepening your love of wisdom
Filippo Brunelleschi -- Expanding your perspective
Christopher Columbus -- Strengthening your vision, optimism, and courage
Nicolaus Copernicus -- Reorganizing your vision of the world
Queen Elizabeth I -- Wielding your power with balance and effectiveness
William Shakespeare -- Cultivating your emotional intelligence
Thomas Jefferson -- Celebrating your freedom in the pursuit of happiness
Charles Darwin -- Developing your powers of observation and cultivating an open mind
Mahatma Gandhi -- Applying the principles of spiritual genius to harmonize spirit, mind, and body
Albert Einstein -- Unleashing your imagination and "combinatory play"

Book Information

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Customer Reviews

I must admit to being a big Michael Gelb fan . . . I've heard him speak (he is great!), and I loved his previous book: *HOW TO THINK LIKE LEONARDO DA VINCI* . . . so naturally, when his latest effort (*DISCOVER YOUR GENIUS: HOW TO THINK LIKE HISTORY'S TEN MOST REVOLUTIONARY MINDS*) became available, I tore into it--and was not disappointed . . . it is equally great! Imagine being able to draw upon the collected wisdom of Plato, Brunelleschi, Columbus, Copernicus, Elizabeth I, Shakespeare, Jefferson, Darwin, Gandhi, and Einstein . . . Gelb looks at these great thinkers to help you unleash your own creativity . . . each of the individuals profiled embodies a special

"genius" characteristics, ranging from optimism to courage . . . you then get to integrate these principles into your daily life through a series of self-assessment questionnaires and a complete program of practical exercises. There were many memorable passages; among them: [on how to read a Shakespeare play] Each Shakespeare play offers a master class in emotional intelligence and the lack thereof. As you read each play approach it with the following questions in mind: What can I learn from this play that will help me know myself better? What can I learn from this play that will help me understand others better? (It's useful to think of specific people you might wish to understand better.) [Thomas Jefferson's ten-point plan for personal improvement] 1. Never put off til tomorrow what you can do today. (Jefferson rose before sunrise each day to get a head start on his massive to-do lists.) 2. Never trouble another for what you can do yourself.

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